

Thomas Jefferson University's Quality Healthcare Access Grant from the PA Developmental Disabilities Council

Mary Stephens, MD, MPH and Karin Roseman, MSW, LCSW
Co-Directors, Jefferson FAB Center for Complex Care

The Jefferson FAB Center for Complex Care



A primary care medical home for adolescents and adults with childhood-onset complex conditions



Established in 2019 and became a formal center in early 2023



Now, there are over 500 patients with about 90 more on the wait list



Co-Directors: Dr. Mary Stephens, MD, MPH and Karin Roseman, MSW, LCSW

The Jefferson Enterprise

Thomas Jefferson
University

Jefferson Health

Jefferson Health
Plans

Department of Family
and Community
Medicine

Jefferson FAB Center
for Complex Care

Background

- People with disabilities have been designated as a “health disparities population” by the NIH
- Ableism exists in medicine in overt and covert ways affecting the delivery of care and outcomes for people with disabilities
- There are no requirements to teach about patients with IDD in undergraduate or graduate medical education
- On average, medical students receive about 11 minutes of instruction on care for this population in particular

PADDC Quality Healthcare Access Grant

Funding Period: January 2023 to December 2024

Proposal: Create a series of didactics for family medicine residents on caring for patients with intellectual and developmental disabilities

Goal: Improve the knowledge and confidence of primary care providers so they can provide better care for their future patients with disabilities

- Supported creation of a community advisory board of people with lived experience with disability (both people with disabilities and caregivers of someone with a disability)

Community Advisory Board- Our PWLEs!



2023-2024 Academic Year

Engaged 4 Family Medicine Residency Programs across Jefferson
About 90 residents and about 15 faculty attending each round

Topics:

- Didactic 1: Introduction, Communication, and Nuance of Care
- Didactic 2: Community Resources
- Didactic 3: Mental and Behavioral Health
- Didactic 4: Interprofessional Care

Survey at beginning and end of year
and evaluations at each session.



Feedback from Didactic #1

	1 = Strongly Disagree... 5 = Strongly Agree
I believe it is important for physicians to understand how to care for patients with IDD.	4.98
I understand the concepts of IDD and how it may affect patient care.	4.58
I am confident in my ability to assess barriers to care for patients with disability and determine interventions to address these barriers.	3.92
The content covered in this session was valuable to my education as a resident.	4.91
Overall, I am satisfied with this didactic session.	4.92

What was the most meaningful aspect of this session?

“Defining scope of care at FAB. Patient testimonials. Defining patient needs and demonstrating gaps in care. The call to action is loud and clear.”

“I have never had education on healthcare for persons with IDD.
Simply being taught about it is extremely helpful.”

“This session was very meaningful, well thought, and profound. Thank you for organizing this. We loved that the families were here with us and you also recorded videos.”

“Having the guest panelists present to discuss their lived experiences, challenges, and what we can do to improve how we care for them.”

Moving Forward

- Finish the presentations this academic year
 - Get feedback from residents to refine presentations
- **Explore ways we can share this with other institutions and programs across the state**
 - Have already connected with a new residency program at Jefferson to pilot an asynchronous delivery of these materials
- Evaluate pre and post surveys, key informant interviews, and individual didactic session evaluations



Jefferson.edu

HOME OF SIDNEY KIMMEL MEDICAL COLLEGE