Multifaceted Program to Improve Access to Care

Dr. Alicia Risner-Bauman Associate Director Care Center for Persons with Disabilities





# Disclosure

I do NOT have any relevant financial relationships with any commercial interests.

# My presentation will contain NO reference to an investigational and/or off-label use of a product.



# **IDENTIFYING THE NEED**

- Patients with special health care needs have a disproportionate amount of dental disease compared to the rest of the adult population.
- Physical, behavioral, emotional, and social barriers continue to prevent thorough and effective oral care plans from being created, understood, and accomplished on a daily basis.



**DENTAL CARIES** 



**OCCLUSAL WEAR** 



**MISSING TEETH** 

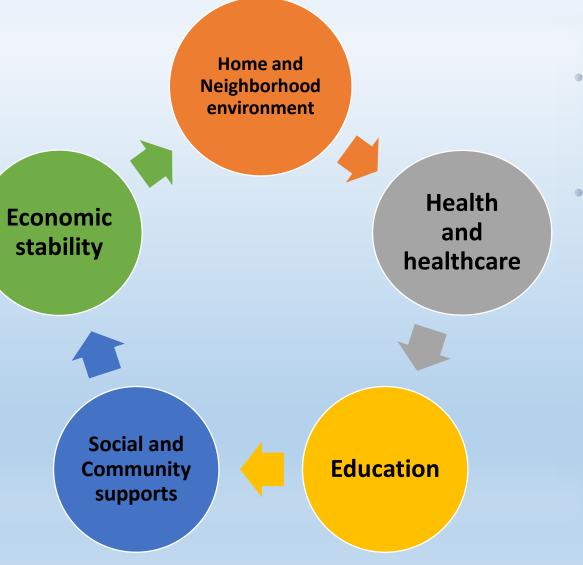


#### **PERIODONTAL DISEASE**



#### SOCIAL DETERMINANTS OF HEATLH

- Persons with disabilities face multidimensional barriers accessing dental care:
- Dentist's report a lack of preparation to assist people with disabilities
- Structural problems of access to dental offices



- Communication difficulties
- Lack of awareness regarding the need for dental treatment for the disabled person



• da Rosa SV, Moysés SJ, Theis LC, et al. Barriers in Access to Dental Services Hindering the Treatment of People with Disabilities: A Systematic Review. Int J Dent. 2020;2020:9074618. Published 2020 Jul 23.

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https://www.healthypeople.gov/2020/topics-objectives/topic/social-determinants-of-health

# **CHANGING EDUCATIONAL MODELS**

- As of August 2019, CODA amended their accreditation standard 2-25: dental school graduates must be competent in the <u>assessment and</u> <u>management</u> of treatment of patients with specialized healthcare needs and disabilities.
- Many of these patients require modified dental care
  - many dental schools lack the facilities to provide both the proper care and education.
  - Practicing providers are often not comfortable treating these patients due to lack of training when in dental school and lack of continuing education opportunities.



# IDENTIFYING A SOLUTION: PERSONALIZED CARE SUITE and SPECIALIZED CARE PROGRAM

Cornerstone of an educational program designed to teach dentists,



patients, and caregivers how to utilize best accommodations to optimize oral health through the lifetime.



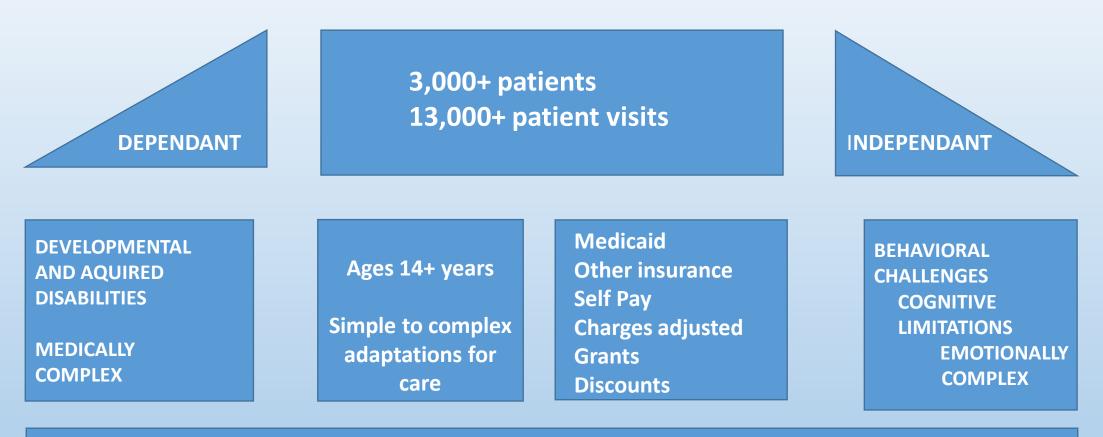


# **SPECIALIZED CARE PROGRAM**

- Focus on education for every graduating dentist that develops skills in prevention, primary care and maintaining oral health without being dependent on sedation and general anesthesia for the disabled population.
  - It will focus on preventing, reversing and arresting disease through evidence-based interventions in-office and at-home.
- Generate the scientific literature, educational material and educational programs for dental educators, dentists, students, patients and caregivers.



#### PROVIDING A DENTAL HOME SPECIALZIED CARE FOR ACCOMODATING PATIENT'S SPECIAL NEEDS



Provide oral healthcare for patients with disabilities AND their caregivers that sustains health through the lifetime.



# THE SUITE

 6 Open-bay for medically compromised patients who require careful monitoring but not necessarily private room





# **THE SUITE: 6 ENCLOESED OPERATORIES**



- Windows in all rooms with light filter shades and dimmable variable lighting
- Rooms equipped with blackout shades
- Acoustic deadening
- Frosted doors for privacy
- Patient view computer screen and speakers
- Room with observation window
- Cameras and microphones for observing and recording patient encounters
- Rooms to accommodate gurneys and wheelchairs





### THE SUITE: CONSULTATION ROOMS

- Patient and Caregiver Education becomes central to a continuous oral health philosophy of the Center
- Large open consult rooms to allow patients and caregivers to speak with the doctors
- Rooms can be used for desensitization, examination and portable x-ray when patients will not use a "dental" room for their initial examination and some procedures using portable equipment
- Viewing area of individual room procedures while limiting the number observing directly in a treatment room
- Student education with faculty and residents





# A SOLUTION: STUDENT EDUCATION THROUGH DIRECT PATIENT CARE



- Senior dental students (D4) clinical rotation one half day per week
- Junior dental students (D3) 4 full day clinical rotations per year assisting and observing
- Oral Medicine Residents 3mo full day rotations
- Masters in Oral Health Sciences
- Masters of Advanced Dental Sciences
- Periodontal Residents
- Endodontic Residents
- Prosthodontic Residents
- Honors Students in PCARE, Radiology, and Oral Medicine
- International Exchange Students





# **STUDENT EDUCATION THROUGH DIRECT PATIENT CARE**

- Administration of Nitrous Oxide analgesia
- Provide non-restrictive management techniques
- Learn and provide restrictive treatment modifications such as medical immobilization and protective stabilization





# **STUDENT EDUCATION THROUGH DIRECT PATIENT CARE**

- Train individuals and care givers in proper hygiene techniques
- Train care givers in stabilization techniques for home care









# **STUDENT EDUCATION: DIDACTIC**

- Overview of Dental Treatment for People with Special Needs
- Informed Consent for Adults with Cognitive Impairments/Intellec tual disabilities
- Accessibility and Wheelchair Transfer for Dental Office
- Dental Treatment for Elders and Dependent Adults

- Oral Health Implications of
  - Intellectual Disabilities
  - Cognitive impairment
  - Cerebral Palsy
  - Autism Spectrum Disorder
  - Neurologic Disease





# **STUDENT EDUCATION: DIDACTIC**

- Overcoming Behavioral Obstacles to Dental Health
- Treatment Modifications
  - Non-restrictive
  - mechanical
  - manual
- Medical management considerations for individuals with complex medical comorbidities

- Preventing Dental Diseases in People with Special Needs
- Minimally invasive caries management
- Dental Treatment Planning Considerations for People with Special Needs

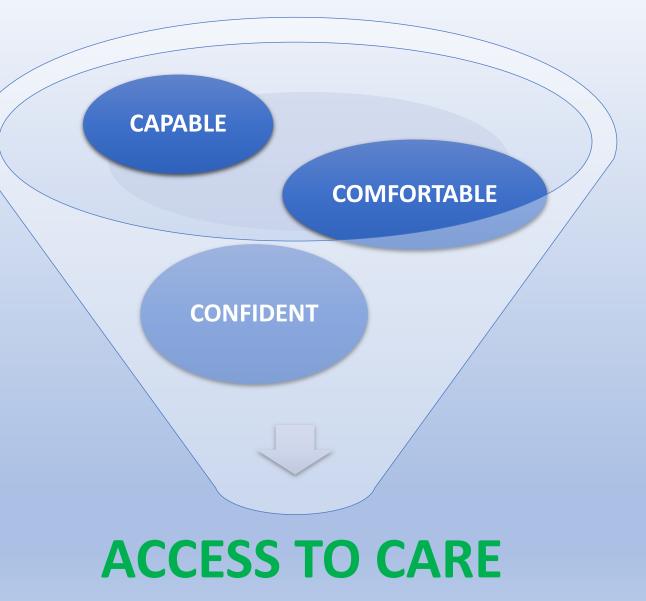






OVER 540 NEW DENTISTS TRAINED to accommodate the special needs of patients

MEDICAL COMPLEXITIES EMOTIONAL COMPLICATIONS BEHAVIORAL LIMITATIONS DEVELOPMENTAL AND AQUIRED DISABILTIES





#### **IDENTIFYING A SOLUTION: SYNCHRONOUS TELEDENTISTRY**

- Students contact patients and care givers to complete necessary assessments prior to first visit
  - Medical history
  - Consent for care
  - Treatment accommodation needs
  - Interprofessional consultations
  - Patient/student introduction
- Students provide post operative assessments and advice
- Students and faculty review treatment plans with patients and guardians



Supported by CareQuest Grant



# TELEDENTISTRY

- Students review and observe oral care techniques taught in clinic in the home environment
- Students can teach nurses and aides who provide care in the home the techniques taught in the clinic
- Public Health Dental Hygiene Practitioner supervise fluoride varnish application at home
- Patient navigator can connect patients to resources to improve their clinical experiences and continuity of care





# **IDENTIFYING A SOLUTION: CONTINUING EDUCATION**

- Provide ongoing free continuing education for dentists, hygienists, patients, caregivers and health professionals.
- Various topics related to care of individuals with special care needs.
- International audience and speakers
- Recorded lectures for self study
  - Certificate of Expertise upon completion of 18 hrs.
  - Penn Affiliated Alumni, Faculty, Residents, Students, Staff
  - Non-Penn Affiliated from Canada, Egypt, India, Jamaica and US
  - Professions: Academic, Dentist, Dental Assistants, Dental Hygienists, Current Students, Other

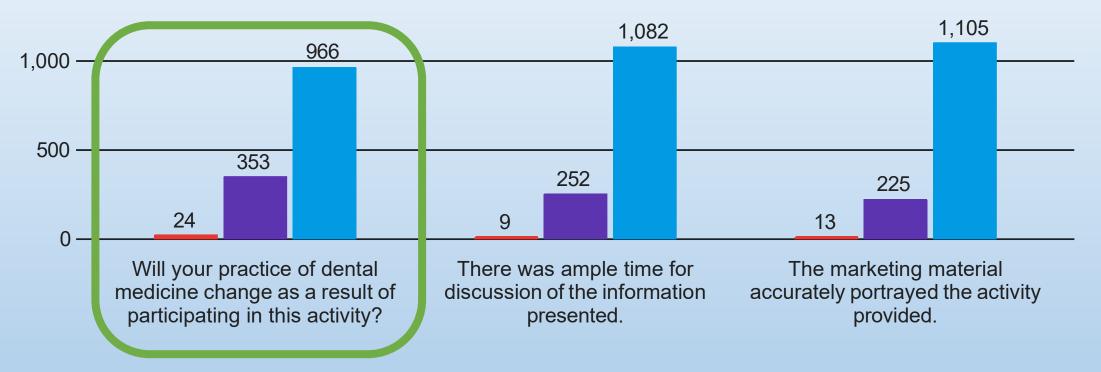


Support of Delta Dental of MI



#### **REACHING AND ACHIEVING THE GOAL OF IMPROVING ACCESS**

#### Q4 - Please rate the following:





# A SOLUTION: IMMERSION PROGRAM

- Designed for those already in the dental workforce who interested in expanding their skill and knowledge regarding the dental care of patients with disabilities.
- Chairside training and observed delivery of care is emphasized.

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#### **IMMERSION PROGRAM**

- A mini residency in Dental Management of Persons with Disabilities
- An intensive continuing education immersion program
- Practicing dentists, dental hygienists and dental assistants
- Interdisciplinary case discussions
- Practice management
- Self paced online learning
- Clinical training







## **IDENTIFYING A SOLUTION: WEBSITE EDUCATIONAL MATERIALS**

Video library of patient experiences to prepare for visits and treatments on website

- Entering facility, arriving at suite
- Overview of suite
- Short takes of each room from general view to patient view once seated
- Videos of various treatment modalities and procedures
- Scripted by dental students
  - Examination
  - Suction
  - Scanner
  - Radiology
  - Getting numb
  - Cavity Restoration
  - Extractions



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#### **Care Center for Persons with Disabilities**

#### Thank you! Dr. Alicia Risner-Bauman arbdds65@upenn.edu







#### HOURS: M-F 8am-5pm Phone: (215) 898-8965

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