Disability-Inclusive Healthcare Systems

Lunch and Learn Topical Working Series

The Arc of PA Initiative to Address
COVID-19 Health Disparities
Among People with Disabilities

The Arc™
Pennsylvania

December 19, 2023

Welcome

The Arc of PA Initiative to Address COVID-19 Health Disparities Among People with Disabilities
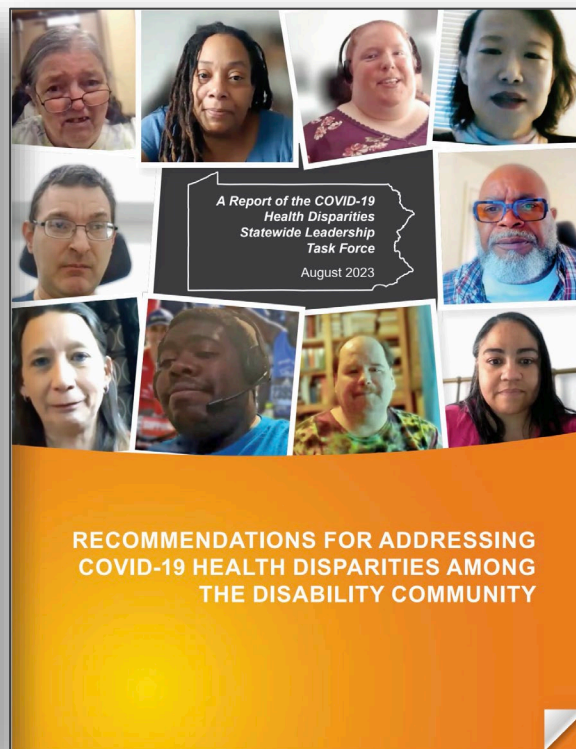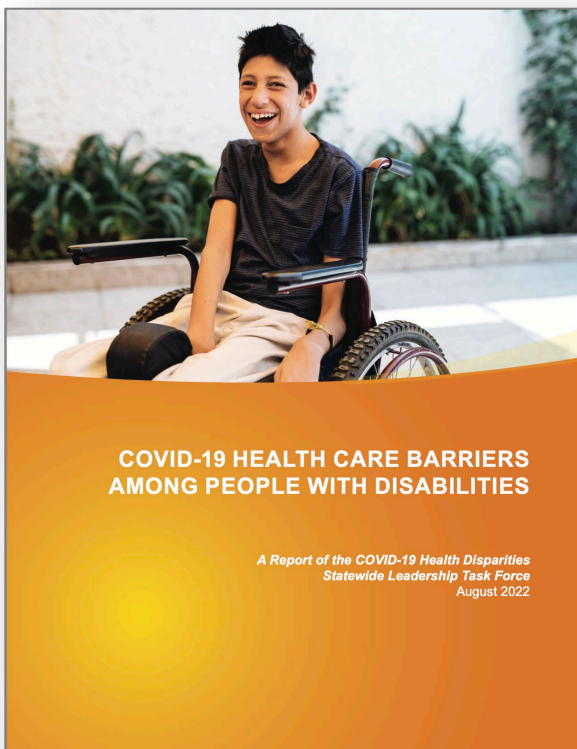
Sherri Landis, Executive Director, The Arc of Pennsylvania

Calling for disability-inclusive health care

COVID-19 HEALTH CARE BARRIERS AMONG PEOPLE WITH DISABILITIES

A Report of the COVID-19 Health Disparities Statewide Leadership Task Force
August 2022

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August 2023

RECOMMENDATIONS FOR ADDRESSING COVID-19 HEALTH DISPARITIES AMONG THE DISABILITY COMMUNITY

- COVID-19 Health Disparities Task Force

- Regional Community Work Groups

- Over 400 individuals with disabilities, family members, caretakers, health professionals across diverse ethnic, racial, rural populations

- The Arc of PA and local chapters

- Funded by the PA Department of Health

Today's focus:

Disability-Inclusive Healthcare Systems

- "**Disability Inclusion:** Making sure everybody has the same opportunities to participate in every aspect of life to the best of their abilities and desires.

- ...allows for people with disabilities to take advantage of the benefits of the same health promotion and prevention activities experienced by people who do not have a disability." - CDC, Centers for Disease Control and Prevention

Today's Agenda:

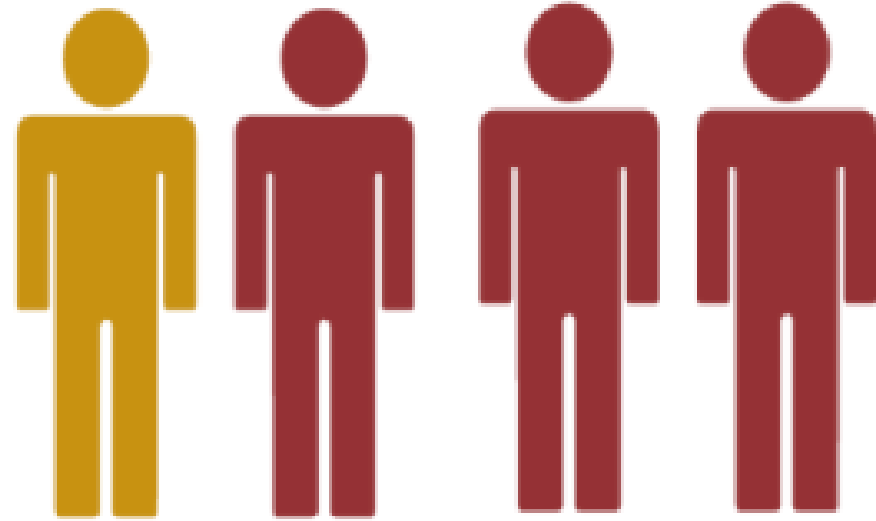- The Health Disparity and Recommendation

- Practice Panel

The Health Disparity and Our Recommendation

Emma Nolan, Manager of Government Relations and Health Initiatives, The Arc of Pennsylvania

ARC of PA Barriers Report 8-9-22.pdf

COVID-19 HEALTH CARE BARRIERS AMONG PEOPLE WITH DISABILITIES

A Report by the COVID-19 Health Disparities Statewide Leadership Task Force

June 2022

Why disability-inclusive healthcare matters

One in four American adults has a disability.*

*2016 Behavioral Risk Factor Surveillance System (BRFSS)

CDC Disability Inclusion webpage

Health Inequities

- **3 x** "Adults with disabilities are three times more likely to have heart disease, stroke, diabetes, or cancer than adults without disabilities." [4] - Carroll et al, 2014

- "Health inequities arise from unfair conditions faced by persons with disabilities, including stigma, discrimination, poverty, limited education and employment, transportation barriers, and barriers faced in the health system itself." - WHO, 2023

CDC Disability Inclusion webpage

2021-2022 Listening Tour:
COVID-19 Health Care Strengths and Barriers

Diversity by role
- Mostly persons with lived experience of disability, caretakers and family members
- Also, professionals in the fields of disability and health care

Diversity by disability – intentional outreach across physical, intellectual developmental, behavioral, or emotional, sensory impairment, and complex medical disabilities

Diversity by race – intentional outreach to Black Indigenous People of Color (BIPOC)

Diversity by location – rural, urban, suburban; intentional outreach to rural settings

Social Determinants of Health

Education Access and Quality
- Systemic educational barriers
- Technology barriers

Economic Stability
- Financial security barriers
- Social supports

Health Care Access and Quality
- Systemic health care barriers
- Mental and physical health issues
- Vaccination and testing barriers
- Staffing barriers
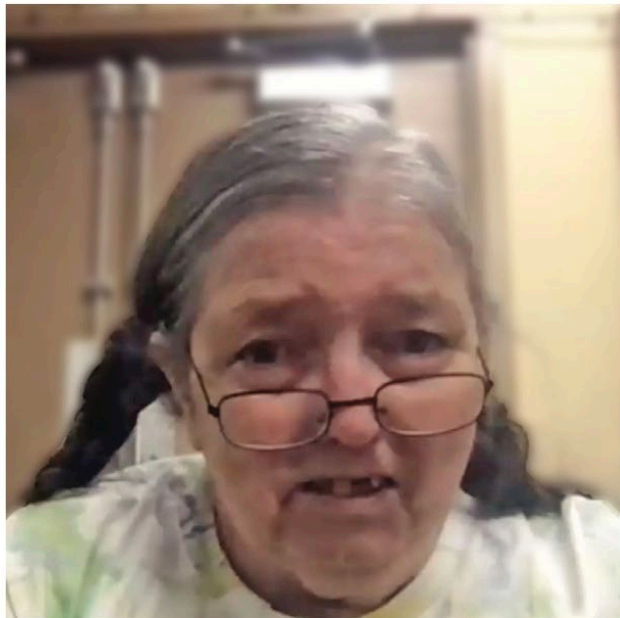- Technology barriers

Neighborhood and Built Environment
- Local conditions
- Transportation barriers
- Accessibility

Social and Community Context
- Information barriers
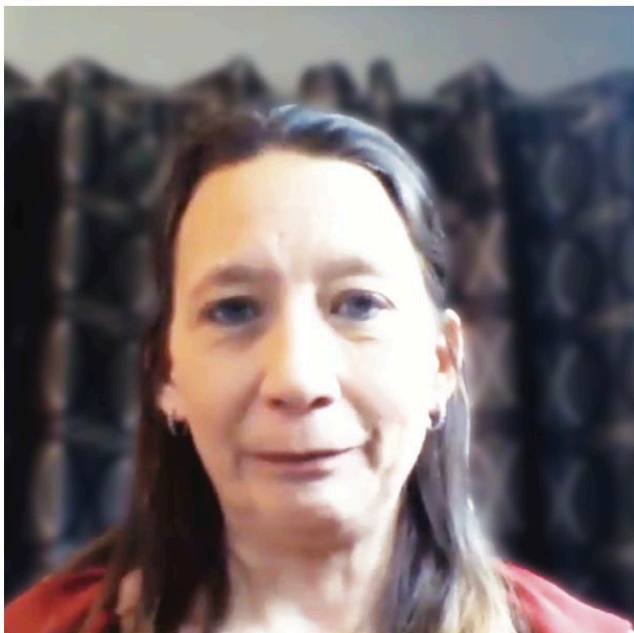- Cultural, linguistic barriers
- Communication

JANET MINICK

"We're not second-class citizens and we're not a menace to anyone.

We're just the same as anybody else, we just operate a little bit differently."

- Janet Minick, Self-Advocate, Allegheny County

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SHARON JANOSIK

"People with disabilities who have access needs weren't part of plans at the beginning – honestly, sometimes not even by the end."

- Sharon Janosik, Autistic Adult and Parent to Disabled Child, Allegheny County
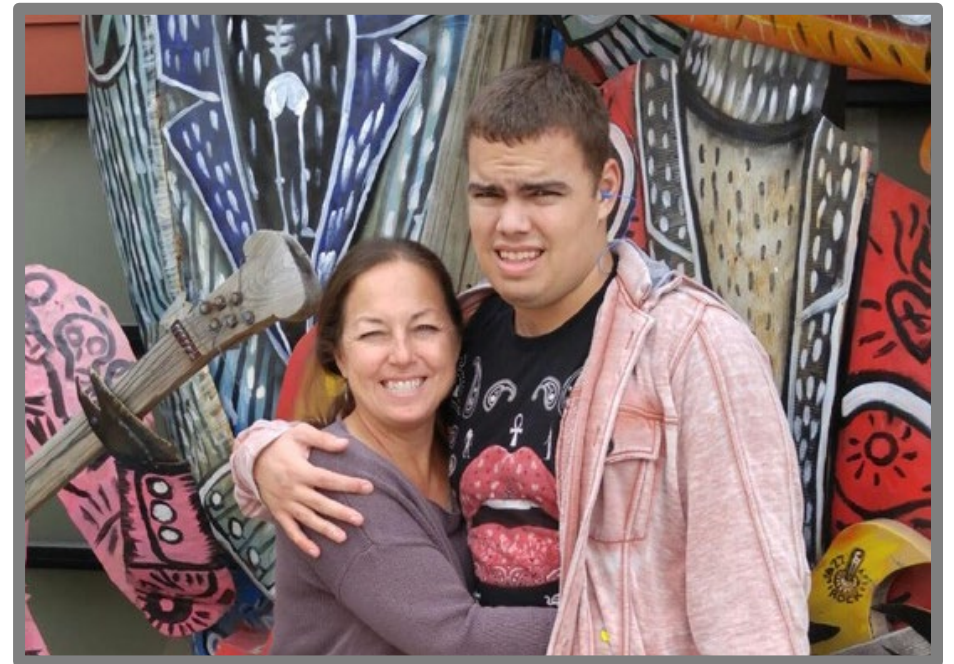
Recommendations:

- Involve people with disabilities, their families, and caregivers in policy making and healthcare decisions.

- Increase accessibility of health care.

- Provide information in multiple languages, easy-to-understand and easy to access formats.

- Expand community-based healthcare, including telehealth services and mobile clinics.

- Provide disability-specific training for healthcare professionals.

- Collect standardized data on the health needs of people with disabilities.

Resources and Practices

Rhonda Beach Tyree, Facilitator

Disparities Impact Statement

This tool can be used by all health care stakeholders to achieve health equity for racial and ethnic minorities, people with disabilities, sexual and gender minorities, individuals with limited English proficiency, and rural populations.

This worksheet has 5 steps:

1 Identify health disparities and priority populations

2 Define your goals

3 Establish your organization's health equity strategy

4 Determine what your organization needs to implement its strategy

5 Monitor and evaluate your progress

Health disparities—differences in health outcomes closely linked with social, economic, and environmental disadvantage—are often driven by the social conditions in which individuals live, learn, work, and play.
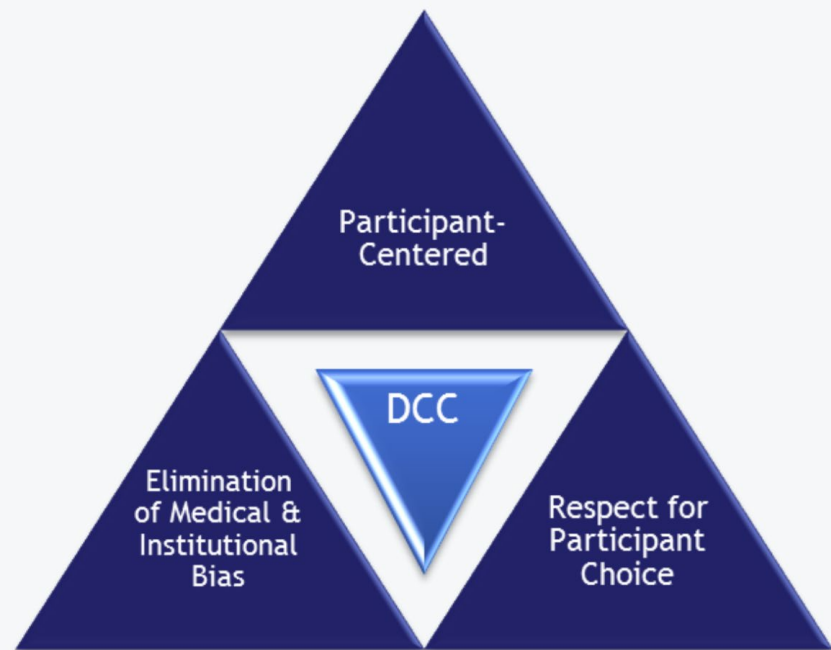
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Revised: Mar. 2021. Paid for by the U.S. Department of Health and Human Services.

CMS

Inclusive Health Principles and Strategies:
How to make your Practices Inclusive of People with Intellectual Disabilities

This resource provides principles and strategies to ensure the full and sustainable inclusion of people with intellectual disabilities in health policies and laws, programming, services, training programs, research, and funding streams.

Special Olympics Health · made possible by Golisano · AUCD · Association of University Centers on Disabilities

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Participant-
Centered

DCC

Elimination
of Medical &
Institutional
Bias

Respect for
Participant
Choice

A model of care designed to treat the whole person, beyond a diagnosis or condition.

RESOURCES FOR INTEGRATED CARE
Resources for Plans and Providers for Medicare-Medicaid Integration

**Disability-Competent Care
Self-Assessment Tool**

Disability-Competent Care

Understanding the DCC Model | Participant Engagement | Access | Primary Care | Care Coordination | Long-Term Services and Supports | Behavioral Health

A model of care designed to treat the whole person, beyond the diagnosis or condition

Communities Creating Healthy Environments (CCHE)

Language Justice
TOOLKIT

Multilingual Strategies for Community Organizing

CCHE
COMMUNITIES CREATING
HEALTHY ENVIRONMENTS

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Communities Creating Healthy Environments advancing "language justice" – the fundamental right to multilingual and multicultural spaces where everyone's voice is heard.

This tool includes concrete practices on interpretation, translation, to include language diverse individuals.

DISABILITY-INCLUSIVE
HEALTH SERVICES TOOLKIT

A Resource for Health Facilities in the Western Pacific Region

World Health Organization
Western Pacific Region

MODULE 1. DISABILITY-INCLUSIVE HEALTH SERVICES – GETTING STARTED

MODULE 2. PROMOTING DISABILITY-INCLUSIVE ATTITUDES

MODULE 3. ADDRESSING PHYSICAL BARRIERS – PROMOTING UNIVERSAL DESIGN AND REASONABLE ACCOMMODATIONS

MODULE 4. COMMUNICATION BARRIERS – PROVIDING DISABILITY-INCLUSIVE HEALTH INFORMATION

MODULE 5. DISABILITY-INCLUSIVE HEALTH INFORMATION SYSTEMS FOR PLANNING, MONITORING AND EVALUATION

MODULE 6. REHABILITATION AND DISABILITY-INCLUSIVE HEALTH SERVICES

MODULE 7. DISABILITY-INCLUSIVE HEALTH SERVICES IN EMERGENCIES

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Western Pacific Region

MODULE 1. DISABILITY-INCLUSIVE HEALTH SERVICES – GETTING STARTED

FACT SHEET   Key messages about disability-inclusive health services

NARRATIVE
1.1 What is disability?
1.2 Why is it important for your health service to be inclusive of people with disability?
1.3 People with disability face significant barriers to accessing health services
1.4 Providing accessible health services to people with disability benefits the whole community
1.5 Principles underpinning disability inclusion in health services
1.6 Case study: Promoting disability-inclusive health care, Cambodia

ACTIONS   Where to begin when developing disability-inclusive health services

TOOLS   Guidance note: Partnering with DPOs to strengthen disability-inclusive health services
Checklist: First steps in making your health service more inclusive

Today's Speaker

Woods System of Care

Dr. Sailaja Musunuri, Chief of Psychiatry and Executive Vice President of Integrated Medicine

Question and Answer

2024
Disability Health Action Summit

Sheraton Hotel
Harrisburg, PA

March 6, 2024

Thank you!