# Health Initiative for Rural Pennsylvania The ARC of Pennsylvania Presentation March 2022

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# Pennsylvania Office of Rural Health

- One of 50 state offices of rural health
- Situated at Pennsylvania State University in University Park
- Mission is to enhance the health status of rural Pennsylvanians and ensure that rural residents have access to high-quality, affordable health care
- Source of coordination, technical assistance and partnership development



# **COVID-19 Rural Urban Divide**

- COVID-19 death rate in rural counties is 1.3 times higher than urban counties
- 4 out of 5 counties with the highest incidence of COVID-19 are rural
- 9 out of 10 Pennsylvania counties with the lowest vaccination rates are rural (32%-46% fully vaccinated)
- Diminished hospital capacity

### The gap in COVID-19 vaccination coverage between urban and rural areas\* has more than doubled since April 2021





#### Addressing barriers to vaccination in rural areas can help achieve vaccine equity and decrease COVID-19 illness and death

\* Among people aged 5 years and older who received a dose of a COVID-19 vaccine during December 14, 2020–January 31, 2022

#### bit.ly/MMWR7109a2



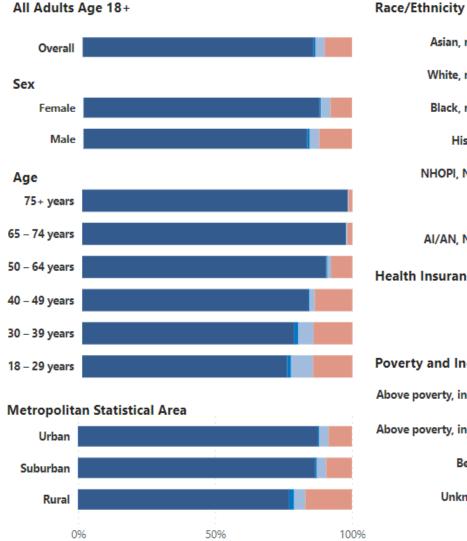
#### Vaccination status and intent among all adults ages 18+, by demographics United States

#### Data Collection Period: March 13 - March 19, 2022 (N= 16,157)

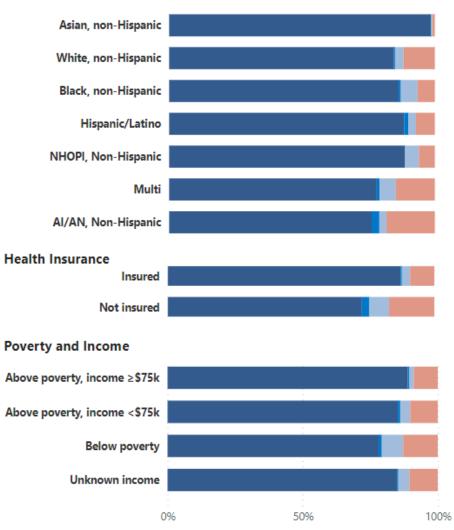
National	Jurisdictional
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#### Overall

- 86.3% are Vaccinated (85.6%) or Definitely Will Get Vaccinated (0.7%)
- 3.5% Probably Will Get Vaccinated or Are Unsure
- 10.1% Probably or Definitely Will Not Get Vaccinated



Vaccinated (≥1 dose) Definitely Will Get Vaccinated Probably Will Get Vaccinated or Are Unsure Probably or Definitely Will Not Get Vaccinated

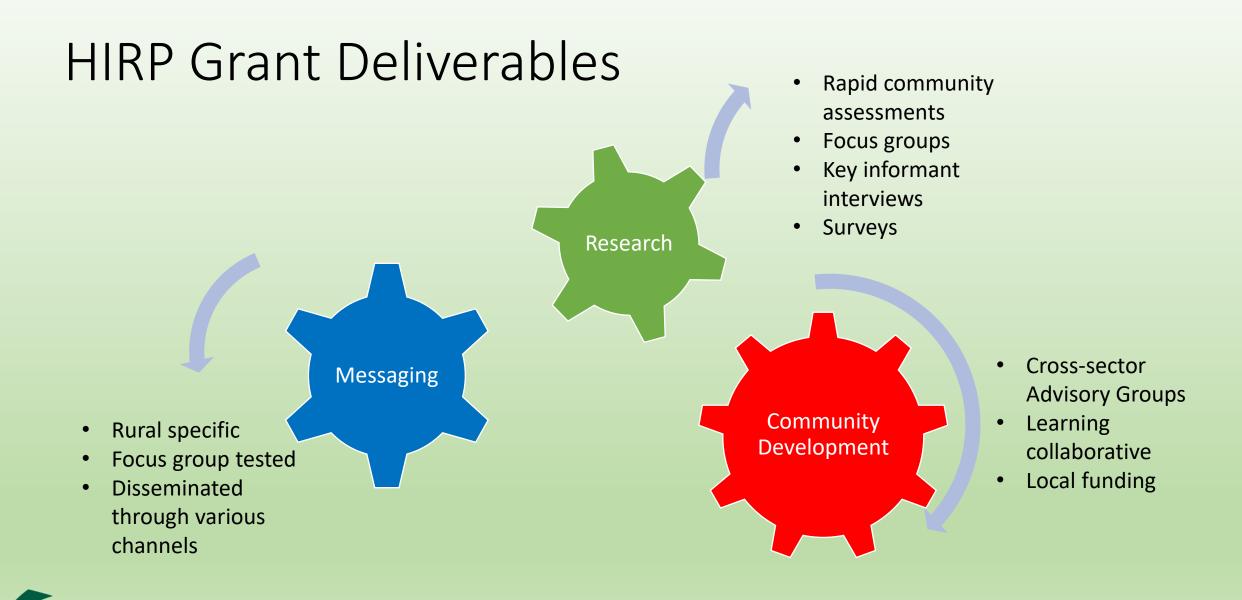


Percent (%)

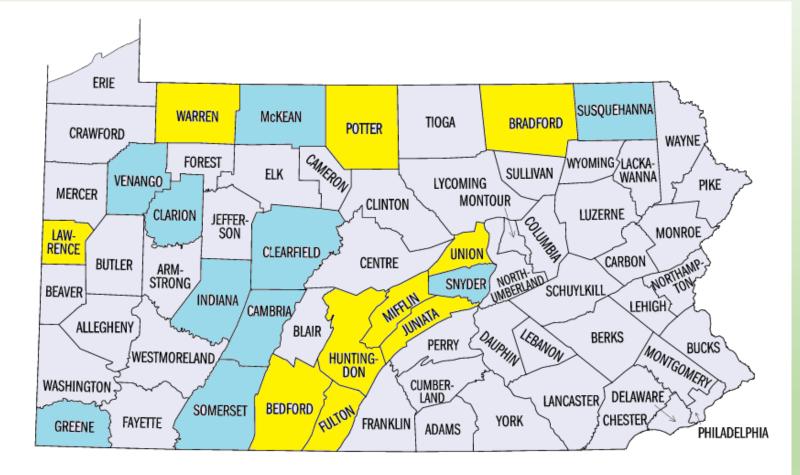
- Department of Health grant CDC COVID-19 Health Disparities
- June 2021-May 2023
- Short-term objectives:
  - Reduce the incidence of COVID-19
  - Increase COVID-19 vaccinations
  - Promote pandemic preparedness and pandemic recovery
- Long-term objective:
  - Build lasting infrastructure in rural communities







# Rural Counties at Highest Risk for COVID-19



# Advisory Group Membership

- Hospitals
- Primary care clinics
- Federally Qualified Health Centers
- Rural Health Clinics
- Pharmacies
- County Commissioners or other elected officials
- School Superintendents
- Colleges or Universities
- Chambers of Commerce
- Business and Industry
- Local ARCs

- Emergency Management Offices
- Regional EMS Councils
- DOH COVID-19 Nurses, Staff and Community Health Organizers
- Penn State Extension
- Farm Bureaus
- United Ways
- Community Action Agencies
- Human Services
- Patient Safety Authority
- Faith-based leadership



### Community Development Process Community Problem Action/ Implementation Identification/ Needs Intervention Planning Prioritization Assessment

## Progress to Date

- Developed/convened Advisory Groups in 16 counties
- Merged with or restarted existing COVID-19 Taskforces in 4 counties
- Finalized 10 community action/implementation plans
- Implementing action through community charters
- Identified ten county organizations to serve as subcontractors
- Developed the Rural Pennsylvania COVID-19 Learning Collaborative (211 members)
- Compiled and shared local best practices/lessons learned
- Developed Rural COVID-19 Promising Practice Awards Program

# Progress to Date Continued

- Completed 12 key informant interviews
- Contracted with a vendor to test, develop and disseminate rural specific marketing campaign

Early increases in vaccinations rates:

- Mifflin: 50% to 51.1%
- Union: 49% to 50.9%
- Venango: 46% to 47.8%
- Warren County: 40% to 48%



# What We've Learned

- Rapid Community Assessments
- Problem Identification
- Learning Collaborative
- Local feedback





#### **RCA Results**

n=69, 13 Rural PA Counties Vaccine hesitancy reasons:

- Myths and mis/dis-information
- Perceived immunity from prior COVID-19 infection
- Politically charged/motivated
- Wait and see approach
- Expressions of freedom and personal choice
- Distrust of government
- Urban only issue
- Lack of reliable, consistent information
- Ingredients in the vaccines

Health Initiative for Rural Pennsylvania



Source: Pennsylvania Office of Rural Health

### **Common Problems Across Counties**

- Mis/dis-information
- Lack of local endorsement, local infrastructure and local storytelling
- Reduced demand for vaccination
- Lack of resilience, COVID-19 fatigue and preparedness for future waves
- High levels of vaccine hesitancy and "dug in" thinking
- Sense of rugged individualism
- Overriding negativity and lack of compliance with mitigation
- Altered perceptions of risk
- Differing political and faith-based influences
- Overwhelmed health care systems and unrealistic expectations for health care access
- Mixed perceptions and implementation in schools, businesses and faith-based organizations
- Inconsistent/hard to use data sources
- Equity and access issues for testing and vaccination
- Inability to isolate/quarantine
- Local mandates may not be enforceable

### **Best Practices and Lessons Learned**

- Education and outreach
  - Local storytelling
  - Local endorsement
  - Address mis/disinformation
  - Develop/enhance local information hubs
  - Counter negative discourse through staged debates, townhall meetings, listening tours, educational workshops etc.
  - Local information hubs: <u>https://warrenvax.com/</u>
  - Employ trusted messengers/programs in schools, churches, businesses or other local venues
    - ✓ Schools (<u>Philly Teen Vax Ambassadors</u>)
    - ✓ Churches (<u>St. Paul's United Church of Christ</u>, 90% vaccination rate)
    - ✓ Local businesses (<u>Proctor and Gamble</u>)

### Best Practices and Lessons Learned continued

- Accessibility of vaccines, testing and other mitigation strategies
  - Reinvent and incentivize vaccination opportunities, focus on pediatrics
  - Home test kits
  - Mitigation stations
  - Less intrusive mitigation (air filtration)
- Tailored programing and toolkits
- Equity issues transportation assistance, cost assistance, mental health services, wrap around services for isolation or quarantine





### Local Feedback

- Reduced vaccine demand
- Case counts are down
- COVID-19 fatigue
- Local politics

#### **Potential pivots**

- Pandemic recovery
- Pandemic preparedness

#### Audience Feedback

# How can we better incorporate the needs of people with disabilities into our process?



### **Contact Information**

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